

Sermon Summary and Questions

Sermon Summary: “Every Spiritual Blessing” (Ephesians 1:1-6)

The sermon explores the incredible spiritual blessings believers have in Christ, using a vivid analogy of receiving extravagant, unexpected gifts. The key message is that God has given us unimaginable blessings—far greater than material wealth—through Christ. These blessings are not based on our merit but are part of God’s eternal plan for His people.

Despite hardships, such as Paul’s imprisonment, believers can hold onto the truth that they are chosen, adopted, and accepted by God. The sermon encourages us to engage our imagination to fully grasp the depth of God’s blessings and to live in the reality of these unseen yet eternal gifts.

Main Points & Questions for Reflection

1. God Chose Us (Ephesians 1:4)

- Before the foundation of the world, God chose us to be holy and blameless.
- This is not based on our efforts but on His divine will.
- Being “in Christ” means living fully enveloped by His love.

Questions:

- How does it change your perspective to know that God chose you before creation?
 - In what ways do you struggle to see yourself as “holy and blameless” in Christ?
 - How can you deepen your understanding of what it means to be “in Christ”?
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2. God Adopted Us (Ephesians 1:5)

- We are not only chosen but also adopted into God’s family.
- Adoption means moving from a place of spiritual destitution to receiving an eternal inheritance.
- This is an act of love and grace, not something we earn.

Questions:

- How does understanding your adoption into God’s family affect your identity?
 - What are the differences between being a servant of God and being His child?
 - How can you live more fully as a beloved child of God?
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3. God Accepts Us (Ephesians 1:6)

- The greatest human need is to be known and accepted—God meets this need perfectly.
- Before we did anything, God chose to accept us in Christ.
- This acceptance is not conditional on our performance.

Questions:

- Where do you seek acceptance outside of God?
 - How does knowing that God has already accepted you impact your relationships with others?
 - What would it look like to rest in God’s acceptance rather than striving for human approval?
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Encouragement Through Suffering (2 Corinthians 4:16-18)

- Paul wrote these truths from a Roman prison, proving that circumstances do not define spiritual blessings.
- Suffering does not negate God’s blessings; instead, it can refine and deepen our faith.
- The unseen, eternal gifts we receive in Christ far outweigh temporary hardships.

Questions:

- How can Paul’s example of faith in suffering encourage you in your trials?
 - What “unseen blessings” have you experienced in times of difficulty?
 - How can you shift your focus from temporary struggles to eternal rewards?
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Application: Living in the Reality of Our Spiritual Blessings

- We must engage our imagination to fully grasp these truths.
- Spiritual blessings are more real than physical possessions; they are eternal.

- Just as Christ gave everything for us, we are called to share our blessings with others.

Questions:

- How can you remind yourself daily of the spiritual blessings you have in Christ?
 - What practical steps can you take to “give away” the love, grace, and acceptance you’ve received?
 - How does this passage change the way you pray, worship, or interact with others?
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This sermon calls us to shift our mindset from focusing on earthly struggles to embracing the riches of God’s grace. By recognizing and living in the reality of these blessings, we can experience true peace, joy, and purpose in Christ.

Spend time in prayer as a group.